"Activities Guide 2010"





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Acción Familiar

Translated from Spanish thanks to the <u>Mondo Lingua initiative</u> of free translations for charities.

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Dear Friends:

Once a gain, t hank you very m uch f or your generous he lp. 2010 has been a difficult year, especially for the S panish families, but very r ewarding f or A ction Familiar in finding out the appropriate and valuable work we have carried out.

The belief that the family is a key factor in the personal, economic and social progress requires a solid foundation, away from ideologies, which can be accepted by various forms of thought. This challenge has led us to rethink our way of working, the values that we want to convey and our mission as an organization. A year of intense analysis confirms that we are on the right track but, however, we want to improve some aspects.

The results of these reflections, shared with experts outside the institution, are reflected in our Strategic Plan I 2011-2014, which defines objectives and instruments to achieve them. We consider it essential to maintain the coexistence of the two entities that m ake up the br and "A cción Familiar" -NGO and Foundation - as f ar as we understand that the family needs of two complementary actions: direct intervention and research.

We ke ep on working to a chieve respect for the dignity of the person, as a n inherent value to the same, which requires recognition of the role of the family towards a real human development.

We still need counting with your support. A significant number of families are seeking urgent help to improve the education of their children: what is not taught during their childhood can hardly be so in their teens. And it is almost impossible to make up for lost time. Hence, our gratitude on behalf of the many families we have managed to respond, and of the thousands of adolescents who have received training and guidance. After 33 years of work, without you none of this would have been possible.

We are aware that our work does not show immediate and visible results, but we are aware that it is exerting a positive influence and that, with your collaboration, the project that now introduce A cción Familiar will he lp to leave a be tter and a more humane world to our children and grandchildren.

Best regards with our greatest gratitude,

Rosario de Gortázar e Ybarra

1. Presentation

Acción Familiar is a growing group of pe ople, who have be en working for families for the last 33 years. The organisation's main aim is to increase both the general awareness and recognition of personal and social values. In order to achieve this, it structures its activities around two non-political and non-denominational bodies that are and economically independent, yet share a common mission, vision and values: the Non-Governmental-Organisation (NGO) and the Foundation.

This co-existence allows a great synergy between the two organisations, giving them both great strength and the ability to join forces in order to fight for families, in their two respective ways: Direct action that has been taken by the NGO since 1978, and since December 2002, the investigations and studies carried out by the Foundation. On 16 December 2003, it was unanimously decided by the First General Assembly that the organisation's logo and name would be registered.

In 2004, b oth bodi es received the UN E conomic and Social C ouncil's special advisory status and its validity was recently renewed up unt il 2012, a fter a positive external evaluation of all their work.

2. Mission, Vision and Values

In 2010, *Acción Familiar* elaborated and approved its first strategic plan for 2011-2014. The plan outlines, the principle objectives for the next 4 years, including the main lines of work to be undertaken as well as the development of its success. Its results and progress are to be evaluated yearly.

The first do cument (Elaborated by the Planning and Control Committee) was discussed i n de pth be fore f inally be ing a pproved i n N ovember 2 010 b y t he Foundation's General Board. In this doc ument, the ethics, quality and transparency guidelines are outlined, to serve as the activity framework for the next four years and, to generate a greater confidence in *Acción Familiar*, and increase its prestige.

In the aforementioned plan, outlines Mission, Vision and Values (each of which are shared alike by the two organisations):

Mission

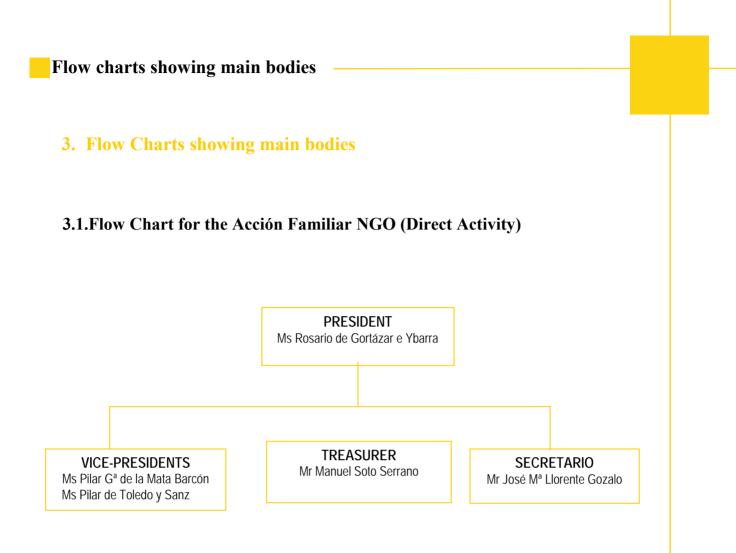
To promote, he lp, l ook a fter a nd s trengthen t he f amily unit. T herefore, t he organisation provides s ervices t o e nsure a f amily's basic f unctions: - reproduction, primary socialisation, e ducation, general support etc. A s well as, to carry out studies and investigations, providing the necessary knowledge to back up t he be lief that the fulfilment of t he a forementioned f unctions i s i mportant f or s ocial and pe rsonal wellbeing.

Vision

To be the reference centre in the fields of family services and investigations and studies on family-related topics for: politicians, s ocial bodi es, media, and for the families themselves, from the rigor, excellence, strength, and the quality of the work done for families.

Values

- Recognition of a person's dignity as an inherent quality
- Compromise with families, especially with the most disadvantaged ones
- An independent, non-denominational and non-political organisation that fulfils its mission, without discriminating, be it for religious, sexual or racial reasons
- Coherency in both actions and aims
- o Honesty, quality and ethics every step of the way
- An effort to remain professional in order to optimise the services for our beneficiaries
- Rigor and efficiency in the continuous search to improve, innovation and excellence
- o Confidentiality and information protection

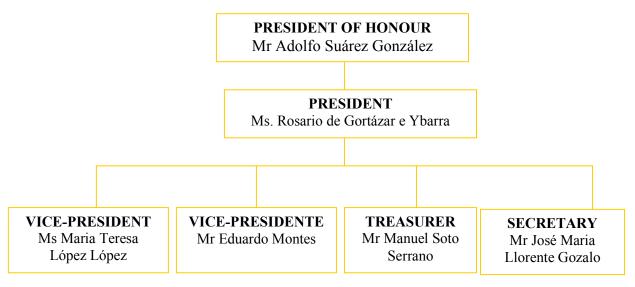


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3.2. Flow Chart for the Acción Familiar Foundation (Investigation and Study)



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*The law regarding equal opportunities between men and women has equal treatment and opportunities for both as its aim. This recognition is *en route* to being improved within the NGO's Board of D irectors, and the foundation's General B oard and Permanent C ommission, as is faithfully r eflected in the Society's structure, which with time we aim to put on par. Both bodi es have assumed responsibility to comply with the mentioned law in the organisations' s tructure, as can be seen in the flow charts.

4. Development A ctions D uring 2 010 b y t he N GO Wo rking Under the Name "Acción Familiar"

4.1. Training Programmes

Through 154 training courses, organised by the 55 professionals that make up our monitor-network, and have been previously trained at our Headquarters, 3,548 people were reached in 2010. They all use material from *Acción Familiar's* different educational programmes, according to the objective that they try to achieve.

In the s ame w ay, two ne w pr ogrammes have be en dr awn up : "F amily Leisure: T ime to e ducate" in c ollaboration with the F oundation, and the update of "Education within the Family", sponsored by AFA Vizcaya, both will be launched in 2011, after monitors have been trained.

These courses will be a follow up from those provided in 2010, and each will feature their original launch date; as all experience accumulated is a great indicator of their overall effectiveness.

The New Challenge (2003)

The aim is to develop adolescents' personal abilities to enable them to face up to issues such as drugs, and to assume a critical approach to peer pressure and misleading advertising etc. Courses have been held in Bilbao, Ferrol, Madrid, Murcia and Zaragoza. F unded by its resources and sponsored by the *Plan Nacional sobre Drogas* (the N ational Drug P lan), *el Ministerio de Sanidad, Política Social e Igualdad* (the M inistery of H ealth, Social P olitics a nd E quality); *Instituto Madrid Salud* (the M adrid H ealth Institute), *Ayuntamiento de Madrid* (the M adrid C ity Council); and the *Agencia Antidroga* (Anti-drug Agency), from the *Consejería de Sanidad de la Comunidad de Madrid* (the C ommunity of M adrid's H ealth A dvice Bureau).

Educate the Family (2002)

The aim is family training and to contribute to parents' skills and habilities, in order to optimise their educational and socialising role. 27 courses have already been held in La Coruña, Madrid, Murcia, Zaragoza and Vizcaya, and were funded by the *Plan Nacional sobre Drogas* (the National Drug Plan), and the *Ministerio de Sanidad, Política Social e Igualdad* (the Ministery of Health, Social Politics and Equality).

This y ear's novelty was the completion of 3 c ourses in S angonera P rison (in the region of M urcia), where the or ganisation worked with more than 40 i nmates, adapting the courses' content in order to help the participants to reintegrate into both family and society. In addition, a further 15 c ourses were held in Murcia, in which around 524 mothers and fathers participated, they were funded by local authorities.

Improving families' life together (2009)

Aimed a t t eaching t he pa tents a ppropriate educational m ethods, a nd t o change or improve the less effective ones, creating an atmosphere of confidence and unity. The objective is to encourage teenagers' healthy development; by, prioritizing those r elated t o da ngerous be haviour i n c hildren. It has a lready b egun, w ith 7 workshops in Madrid and Zaragoza, funded by the *Plan Nacional sobre Drogas* (the National D rug P lan), *el Ministerio de Sanidad, Política Social e Igualdad* (the Ministry of H ealth, S ocial P olitics and E quality). The good r esults that have be en achieved have inspired us to hold a further 30 workshops in 2011.

Match Ball against Drugs (2010)

Prevention of a ddictions t hrough ph ysical a ctivities a nd accompanying workshops. This pi lot programme, taking place at the *Instituto de Educación Superior Conde de Orgaz* (Institute of Higher Education), in collaboration with the Madrid T ennis F ederation, of fers t he pos sibility of p racticing s ports as a way of protection. This helps to reinforce the lessons taught in the classroom.

4 courses to prevent addictions have been organised, as well as a further 12 activities out side the s chool with the tennis coach. Sport is not the o nly be nefit participants can enjoy, but also interacting with others and working in a team.

Family meals, a time for communication (2006)

On this course we try to show both parents and children the importance of eating together on a regular basis. It's not only communication within the family that benefits from these changes, but also the family as a w hole, as better eating habits can be implemented, and health problems such as obesity as well anorexia etc., can be a voided. This year, 9 c ourses have be en offered, funded by the *Consejería de Familia y Asuntos Sociales de la Comunidad de Madrid* (the Community of Madrid's Bureau for Family and Social Issues).

Family and the improvement of health (1998)

Prevention pr ogramme aimed at families of drug a ddicts and at t he improvement of h ealth within a family environment. In 2010, 65 c ourses w ere offered. T he pr inciple a im is t o g ive families t he c ourage t o face up t o c ommon problems amongst the youths of today.

Therefore all of our ed ucational r esources a re used. The c ontent of t hese courses deals with topics such as communication and teenagers, advertising, family and consumption, drugs, market and health, and risk and safety factors. The courses are funded by the *Ministerio de Sanidad*, *Politica Social e Igualdad* (the Ministery of Health, Social Politics and Equality).

Youth, Leisure and Health (2003)

The aim is to make young people aware, of the necessity to develop social and personal skills, to develop healthy lifestyle and leisure time habits in order to prevent addiction.

In agreement with the Anti-drug agency, 24 workshops have been offered, in Madrid.

Workshops enabling communication between mothers (2007)

Through the A ragonese br anch of *Acción Familiar*, i n c ollaboration with Zaragoza c ity c ouncil a nd public s upport, 6 w orkshops have be en organised f or women belonging to the associative movement. The aim is to enable women to share experiences, offer mutual support and generally facilitate generating self-esteem. The majority of attendees were immigrants.

Shared Tutorials (1997)

This programme took pl ace in Murcia, and its great success was due to its integration in the r egion's various c ouncil s chemes. In two w orkshops, g roups of students f rom e ducation centres were t aught how t o pr event dr ug addiction. T he sessions w ere run b y the s tudents' t eacher a nd a m onitor from Acción F amiliar. Roughly 374 workshops have t aken pl ace i n 30 c entres t hroughout Cartagena, Fuente Á lamo, Torre P acheco a nd La Unión, a nd w ere a ttended b y some 309 teachers and 6,246 secondary and vocational students.

Healthy Leisure and Free time Activities (2005)

The objective is to offer teenagers different options of how to spend their free time healthily, and at the same time these act ivities enc ourage values such as, friendship, creativity and teamwork. Working alongside education centres located in deprived areas, workshops such as "Tele Patio" and "Tele Radio" are offered, as well as games and sports activities. 27 workshops, and 50 hours of sports activities, have already been completed by more than 676 students.

4.1.1.Table of Results: training programmes

The total number of a ssistants who attended the training days in 2010 was 3,548, with the majority (2,962) being a dolescents, who worked predominantly in schools with groups of a bout 25 students. The number of parents taking part in Parents' Associations has gone down.

77% of them took place in schools, secondary - and nursery schools. For the first time, as mentioned above, three courses were held at a prison in Murcia.

In 2010, although demand has risen, the number of workshops has decreased, due to a reduction of both public and private funds, and therefore the organisation saw itself forced to take more drastic measures. Acción Familiar, has as part of its Strategic Plan, been searching for new funding in order to respond to appeals that are made.

Table of Results:				
Training Programs 2009-2010				
	2009	2010		
Number of Courses	190	171		
Number of Assistants	4108	3548		
Number of Centres	55	95		
Number of Supervisors	51	55		
Provinces that have provided courses	Albacete, Barcelona, Bilbao, Burgos, Ferrol, Madrid, Murcia, Valencia and Zaragoza			

4.1.2. Quality indicators: Training programmes

The evaluation of the results, obtained from surveys that have been carried out in centres and associations, where the courses take place, show a high degree of satisfaction, with the average s core being 9 out of 10. And in retrospective, they conclude t hat i s i t i mportant t hat the pr ogrammes c ontinue. The m ajority of t he mentioned courses have been financed with own resources and were subsidised with funds f rom: the *Ministerio de Sanidad*, *Política Social e Igualdad* (Ministry of Health, Social Politics and Equality) and the local and autonomous authorities- the Region of Murcia, Community of Madrid, Madrid council, etc. And other bodies the organisations c ollaborated w ith, l ike t he *Obra Social de Caja de Ahorros del Mediterráneo* (the CAM's friendly society).

4.2. Volunteering

The A ssociation manages and coordinates t he 260 vol unteers t hat i n 2010 he lped out a tS helters a nd Orphanages i n t he Community o f Madrid. Amongst t he tasks t hat ha ve been carried out, under the watchful eyes of t he t eachers at t he cent res, were: Private tut oring, c hild-minding, extracurricular a ctivities, trips to leisure centres, excursions or s ummer hol idays and many other activities, that contribute to the nor malisation of the c hildren's lives, and the establishment of emotional bonds.



Acción Familiar has a lso c arried out vol unteering w ork i n ol d pe ople's homes and residences, which was geared towards the needs of older citizens, who live a lone and a re not v isited, as often by friends and family as desired. They are supposed to feel accompanied and e motionally supported, as they feel very lonely and what they appreciated the most is when somebody lends them an ear.

This project is co-funded by the Community and Council of Madrid.

4.2.1 Follow-up Indicators: Volunteering

The following table collects the r ecorded indicators of these s ervices and shows i ncrements in c omparison t ot he pr evious year. In or der t o assist the organisation most efficiently, *Acción Familiar* has offered 12 training courses during 2010 that have been attended by 118 new volunteers.

Follow-up indicators:				
Volunteering 2009-2010				
	2009	2010		
Number of Volunteers.	242	268		
Number of V olunteers i n S helters a nd Infant Residences in the Community of Madrid.	218	241		
Number of Volunteers that care for Senior Citizens.	24	27		
Number of Training Courses.	12	12		
Number of Trainees.	76	118		
Number of Infant Residencies and Shelters.	18	19		

4.2.2. Quality Indicators: Volunteering

The volunteers show a high level of satisfaction in respect to their work in youth shelters and in the caring for senior citizens as in the surveys carried out at the end of the year, 99% showed that they were or "very" or "fairly" content with the activity.

Similarly, the annual evaluation reports made by the centres highlights the collaborators' s eriousness and e fficiency and that they highly value their work, as does the organisation of *Acción Familiar*.

In short, the benefits obtained by both the volunteers and the minors that participate in this i nitiative, have led to the financing of the *Programa de Coordinación de Voluntarios de los Centros de Menores* (Coordination Program of Volunteers of Youth Centres) and the *Instituto Madrileño del Menor y la Familia*, (I.M.M.F) (Madrid Institute of Youth and Family) of the community of Madrid since the year 2007 under an agreement with both entities.

4.3 Direct Action with the Families

Guidance Services

During 2010, *Acción Familiar* responded to 1,765 f amily requests for widely ranging types of help, through various services that the foundation runs, in some cases, from over two decades ago. It is financed by the *Ministerio de Sanidad*, *Política Social e Igualdad* (Ministry of Health, Social Polítics and Equality).

These include the following:

1. Family Guidance

Acción Familiar offers support for the family through guidance, information and psychological, legal and social assistance. They listen, accompany and support the help-seekers with the objective of fulfilling the ir r ole and to confront the ir difficulties. They also provide the essential security, stability and the quality so that they can make their own decisions and put their family project into practice.

This service is also available in the Region of Murcia and has been included in the *Plan Municipal de Drogodependencias* (Municipal Plan of Drug Dependency) of T orre P acheco. It is be ing us ed by f amilies t hat have be en referred f rom t he secondary schools where teachers have detected students with family problems that cannot be assisted in the cent res as t hey r equire c loser a nd m ore c ontinuous attention. In 2010, 35 personal interviews have taken place and 75 people have been assisted including mothers, fathers and sons, occasionally in joint interviews.

2. Support an d A ssistance f or P regnant T eenagers "EMJOVE"

EMJOVE helps at risk and in need pregnant teenagers, both mothers a nd f athers, i ft hey a re r esidents i n t he C ommunity of Madrid. They inform them of the available resources to confront the problems t hat c an arise i n t his s ituation, of fering l egal a nd psychological a dvice t o both t he m other a nd t he m embers of t he family that may also request such help.



3. Guidance Service for Immigrants

This service provides help for foreigners, with the objective of facilitating their integration into our society. Service workers pay active and thorough attention

which helps to increase the possibility of the immigrant regularizing his or her legal situation, f amily regrouping, doc umentation e tc. T hey o ffer t he de velopment of personal itineraries as so to boost the probability of their integration into society.

	2009			2010		
	Women	Men	Total	Women	Men	Total
Total num ber of attended Guidance cases (Galicia, Madrid, Murcia and Zaragoza)	1262	398	1660	1349	416	1765
Users of the G uidance Service	692	221	913	673	100	773
User of t he A ssistance Service and Support for Pregnant T eens "EMJOVE"	314	31	345	361	34	395
Users of Immigration Guidance Service	256	146	402	315	282	597
Reason f or t he consultation with Acción Familiar						

4.3.1. Follow-up Indicators: Direct Action

All of t hese s ervices are pr ovided free of c harge a nd w ith pe rsonal a nd confidential attention. In cases where it is not necessary to attend the appointment in person, online and telephone assistance is also available.

4.3.2 Indicators of Quality: Direct Action

During the course of each guidance session, a strict follow up of the entire process is carried out by a team consisting of staff from the organisation itself and expert external advisors in law, family mediation and psychology.

All of them have been highly assessed by users, not only in terms of conflict resolution, degree of satisfaction in the sessions and legal and psychological advice, but also for making they feel welcome.

4.4 Other Activities

- Acción Familiar continued, l ike i n pr evious years, p articipating i n w ork meetings of the Foro del Plan Nacional sobre las Drogas "La Sociead ante las drogas" (National P lan F orum of D rugs, "Society a gainst dr ugs"), collaborating with them in the construction of the final document.
- Within our process of training for our volunteers, an informative session was carried out for professionals from all over Spain for the program "*Mejorando la Convivencia en la Familia*" (Improving Living T ogether within t he Family) t o which 20 monitors a ttended and de scribed t he s ession a s extremely interesting.
- Reunion of V olunteers in the *Instituto Madrileño del Menor y la Familia* (I.M.M.F.) of the Community of Madrid for its annual evaluation (January).
- Participants in the training da y f or vol unteers w ith A DISGUA, the *Associación de Discapacitados* (Association f or t he D isabled) of Guadarrama-Madrid (February).
- Guest speakers in the VIII Jornadas Familia y Communidad "Actualidad y Familia" (Day of the Family and C ommunity" Current Society and the Family") in the conference Ocio familiar. Tiempo compartido en familia y ámbito de cohesion ("Family Free Time. Time S hared as a Family and the environment of cohesion") organized by the Concejalía de Servicios Sociales y Educación (Department of Social Services and Education) of the township of Agüimes, Canary Islands (March).
- Participants in the presentation of the Program of *"Familia 2010 Comparte tu hogar con niños que carecen de él"* (Family Vacations 2010 Share your home with children that lack one) with volunteers of *Acción Familiar*, organized by the *Instituto Madrileño del Menor y la Familia de la Comunidad de Madrid* (I.M.M.F).
- Participants in the D ay "*Enrédate en Chamberí*" ("Get I nvolved i n Chamberí") in c ooperation with t he *Junta de Distrito de Chamberí del Ayuntamiento de Madrid* (District C hamberí o f t he T ownship of M adrid) (October).
- Collaboration of our volunteers in the delivery of toys with the *Fundación DAR* (DAR Fundation), in Youth Centres and Infant Residences.

5. A CTIONS DE VELOPED DURI NG 2 010 UNDE R T HE NAME OF *ACCIÓN FAMILIAR* BY THE FOUNDATION

5.1 Investigations, Research Studies and Publications

During t he year, t hree research pr ojects ha ve been c ompleted t hat ha ve tackled the is sues o f s ocial and political relevance w ith significant s ocial

repercussions. The r esults of t wo of these projects have be en published in Work Document format and can be freely accessed by users:

- "Impuesto s obre va lor a ñadido y f amilia e n l os pr esupuestos generales de l Estado. Análisis de los tipos efectivos de gravamen que soportan las familias españolas." (Informed About A dded Value a nd t he Family in t he G eneral Budgets of the State. Analysis of the types of cash taxes that Spanish Families withstand), López López, M ^a T . a nd G ómez de l a T orre de l A rco, M . Documento 01/10. ISSN 1989-2527.
- "The Family in the Project of the Law of the General Budget of the State for 2011".
 López, M^a T. y Gómez de la Torre del Arco, M. Documento 0 2/10. ISSN 1989-2527.

-The results of the third investigation project completed in December of 2010, *Mujer y madre en la Unión Europea* (Woman and Mothers in the European Union), will be published in the la *Colección Acción Familiar (editorial Cinca)* (Collection *Acción Familiar*, Editorial Cinca) in 2011.

Digital Informative Bulletin

During 2011 the *Boletín Informativo Digital* has been continuously written and sent every 15 da ys, with information concerning: legislation, news collections pertaining to the family published in the national and local press, bibliographies and events, as well as the latest news from *Acción Familiar*. The number of subscribers has increased from 605 to over 5,000.

5.2. Training, Chair of Family Politics

Since 2004 Acción Familiar has maintained a collaborative a greement with the Universidad Complutense (UCM) for which the Cátedra de Políticas de Familia (Chair of F amily P olitics) was created, with the objective of s tudying t he s ocial situation, problems and perspectives of such politics, while developing its work in the field of teaching and investigation.

During t he 2009 -2010 academic year, as i n pr evious years, t wo e lective subjects of c redits w ere g iven (60 hour s) a bout *Políticas Públicas de Familia* ("Public Politics of the Family"). The students were anonymously evaluated and the results s howed a high l evel of s atisfaction with both t he c ourse c ontents and t he teachers who give the classes. The two previously mentioned groups have continued to be studied throughout the academic year of 2010/2011.

5.3. Participation in Congresses and Seminars

The presence of investigators of *Acción Familiar* is continually increasing the national and international Fora. The debates and ideas presented in these meetings are also present in institutions and debates about the family. During 2010, they have participated, amongst others, in:

- Conference at the Fundación Pablo VI "Los cambios demográficos, de modelo económico y social en España. Sus retos desde una ecología humana". (Foundation Pablo VI "The Demographic Changes, Economic and Social in Spain. Their Challenges from a Human Ecology). (7th September)
- Participant as S peaker in the *II Congreso de la Red Española de Política Social* (Congress o ft he S panish N etwork of S ocial P olitics). (30th September).
- Participant as Speaker in the Seminario de Intervención y Políticas Sociales (SIPOSO) "Acción y Políticas Familiares" (Seminary of Intervention and Social Politics, "Action and Family Politics"). (22nd October).
- Participant as Speaker in the *Jornadas Técnicas "Los Mayores y la Economía Actual" Ayuntamiento de Madrid DGM* (Technical Days "Seniors and the Current Economy" Township of Madrid DGM). (27th October).
- Participant as Speaker in the Simposio "Intervención y Políticas Sociales. Burgos 2010" (Symposium "Intervention and Social Politics. Burgos 2010"). (2nd November).
- Presentation of the W ork D ocument on the "*Presupuestos Generales del Estado 2011*" ("General Budgets of the State 2011") for a group of members of parliament in the Congress of Parliament.

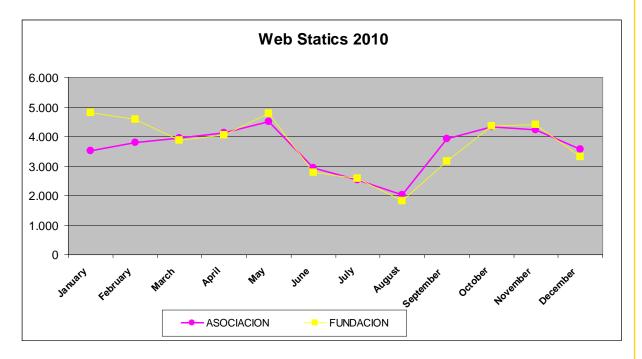
5.4. Other Acitivities

- The *Barómetro de la Familia* (Family Barometer) was put into action with the obj ective o fs preading t he i nvestigations c arried out , while be ing supported by the Observatory that has be en de veloping their activity since 2003.
- This is the measure taken for the analysis and reflection of the issues related to the f amily institution f or: r esponsible politicians, social a gents, related organisations, media, and the families with the upmost quality and soundness. The c ontent is e laborated by a group of independent professionals from a university a tmosphere and the social w orld. Their objective is to be come a standard r efference point f or finding s olutions f or pr oblems that s hould be tackled with from within the family.
- As part of *Barómetro de la Familia*, they are creating a C entre of S tatistic and Legal D ata D ocumentation t hat of fers complete, up t o da te a nd continuous of the family situation in Spain and the European Union.

Awards of Investigación de Familia (Investigation of the Family). Since 2003, Acción Familiar has be en a nnually or ganizing the "Premios de Investigación de Familia" ("Investigation of the Family A wards"), with $10,000 \in$ as the prize, which has the objective of stimulating and supporting quality investigation regarding the institution of the family. There are two different categories, one for Joven (Youth) for those under 35, which has been running for eight years, and Senior (Senior), for those 35 and over. In September 2009 the V II e dition of the A wards, entitled "Eduardo Laredo", was sponsored by the company Rutherford Española S.A. Nine less projects were received than the year b efore, and the authors were f rom va rious Spanish and f oreign universities. E ven though, all were of the quite good quality, the jury which gathered in A pril 2010 opted to not a ward anyone with the prize.

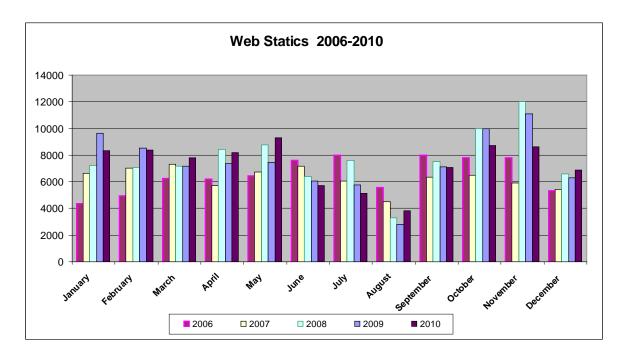
6. LOOKING AT WEB PAGES

The website of *Acción Familiar* holds the web pages of both organisations, and the content is divided into: *Asistencia Directa (ONG) y el Centro de Investigación y Estudios de Familia (Fundación)* (Direct Assistance (NGO) and t he Centre of Investigation and Family Studies, Foundation)



The number of visitors in 2010 reached 87,971

Looking at Web Pages



Most visited content on the website:

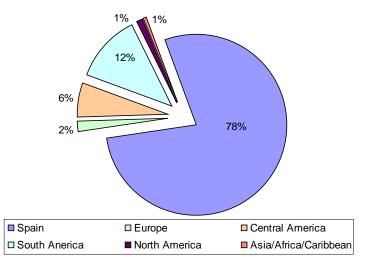
-NGO:

- 1. Orientation Service
- 2. Training
- 3. Volunteering

-Foundation:

- 1. Interesting Links
- 2. Family Observatory
- 3. Publications

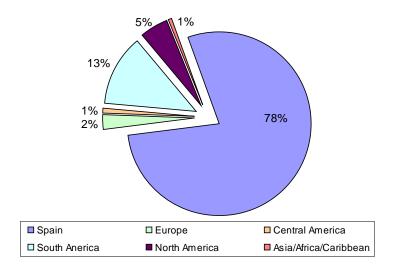
User locations:



NGO

Visits f rom 60 di fferent countries. 78% c ome from Spain (73% are new visitors), 12% f rom S outh A merica and 6% f rom C entral America.

In S pain, M adrid h as t he highest num ber o f vi sitors (52%), f ollowed b y Barcelona, B ilbao and Zaragoza.



Foundation

44 different count ries a ccessed the F oundation's w ebsite. 78% from S pain, f ollowed b y 13% from South America.

Madrid is t he capi tal t hat ha d the hi ghest num ber of vi sits, more vi sits t han B ilbao, Barcelona and Valencia.

We would like to highlight that 77% of t he vi sits w ere f rom new users.

7. PARTICIPATION IN INTERNATIONAL NETWORKS

7.1 *REDFAM. Red Interuniversitaria de Estudios de Familia* (Interuniversity Network of Family Studies)

This is a v irtual space on the Internet available to investigators. It provides information a bout studies s o t hat t hey c an interchange and pr opose new l ines of investigation. Its objective is to: make a dvancements in the understanding of how these studies affect families and to supply instruments that optimize its results on the family, and to contribute to a more cohesive and stable society.

Currently there a re m ore than 85 pr ofessionals from di fferent U niversities, both S panish and foreign, that make up t his network. They are from the following institutions: A lcalá, Complutense, Deusto, Internacional de C atalonia (Catalonia), Las P almas de Gran C anaria, Granada, Málaga, M urcia, Navarra, O viedo, Basque Country (País Vasco), Pontificia de Comillas, Salamanca, Santiago de Compostela, Seville (Sevilla), Valencia; Chile, Coimbra (Portugal), Córdoba (Argentina), Méjico (Mexico), S anta F e (Argentina), P anamá (Panama), S anto D omingo (Dominican Republic), Simón Bolivar (Bolivia). They be long to many di verse areas of studies, amongst others: Psychology, Sociology, Economy, Pedagogy, Philosophy etc.

7.2. *Movimiento Mundial de Madres* (Global M others' Movement)

Acción Familiar has been a member of the Movimiento Mundial de Madres (MMM) since 1995. T his i nternational movement's a im i s to uni te mothers from around the world, from different cultures, to help them, revaluate their work and to raise awareness in the public and international institutions about the fundamental role they pl ay i n t he promotion of pe ace a nd hum an s ecurity. In doi ng s o, t hey ar e contributing to social, economic and cultural progress in the societies in question.

They are i nternationally prestigious as all a gencies of the UNh ave recognized the General Advisory Status.

During 2010 MMM carried out, amongst others, the following activities:

- Participation in the preparatory meetings of the General Assembly of the UN that will take place from the 20th to the 22nd of September 2011. "Millennium Development Goals (MDG)", where they will analyse the achievement of the proposed objectives of 2015 against hunger and illness. New York.
- Monthly meetings in the UN Family that study the impact of Global Warming on poor countries (or Third World), migrations and the psychological effects of these changes on the families. New York.
- Preparatory meetings for the Day of the Family in the UN, May 2011 for the framework of C SW a bout "Gender e ducation, s cience, t echnology a nd employment". New York.
- Participation in different fora in New York that bring together businessmen and businesswomen from the private sector who are sensitized to the problems of Development.
- Participation in meetings of DPI (Department of Information): 53rd session of the Commission of the Condition of Women (Comisión de la Condición de la Mujer) CSW. New York.
- The development of different types of jobs in cooperation with 184 NGOs and 81 people in relation to resolutions 1325 and 1828 concerning the protection of women in armed conflicts. New York.
- Participation of the President of MMM Europe and members of the Board of Directors i n t he C onference o f D oha (Qatar) a bout "Empowerment o f t he family in the modern World: Challenges and promises ahead". January.
- Report for DESA (Department of Social A ffairs) about the role of parents in the family. Report written by Josie Salem (Jordan) about the specific problems of refugee parents. February.
- Participation in the C ommission of the s tatus of w omen C SW (High Level Dialogue on Finances for D evelopment) that a nalyses the achi eved progress

Taking Part...

since Beijing+15 a bout vi olence against women, m ortality a nd impoverishment. March.

- Participation in the international Conference of NGOs with the theme "¿What ethics in a World in Crisis? NGOs answer". UNESCO Paris November 30th to December 2nd.
- Participation in Vienna in meetings of the Family Committee, a European NGO of the Family.
- Coordination be tween association m embers, t he m ovements i n di fferent countries a nd t heir r elations a nd i nternational o rganisms. In t he Bureau of MMM International Paris.
- Ensuring proper training for monitors of *Ateliers de Mères* and the continuous adaptation of the themes, diffusion and data collection.
- These workshops are successfully carried out in France, Lebanon, Jordan and Spain.
- Regular assistance in commission meeting, conferences about Mothers/Women and the family. Reports available in their website. By MMM Europe.
- In response to the request from the DG of the European Commission, MMM Europe the Family Platform in the frame of European Parliament in Brussels, together with COFACE, *Forum delle Associazioni Familiari* and 9 E uropean Universities to identify themes and elaborate on family politics.
- Meetings c oncerning th e w ork of F amily P latform in Helsinki (Finland), Dortmund (Germany) and Lisbon (Portugal). By MMM Europe.
- Survey carried out on with the network of association members and collection of data. March 2011. By MMM Europe.
- Guest s peech b y the President of M MM E urope i n t he s ession o f t he Commission of W omen of E uropean P arliament a bout pr oblems of m others, (information collected in the survey). January.

Expenditure Spreadsheet.....

8. Expenditure Spreadsheet: December 31st 2009 and 2010

8.1. Acción Familiar (NGO): Balance Sheet

ASSETS

	2010	2009
TANGIBLE FIXED ASSETS		
Furniture and Hardware	€ 23,686	€ 30,691
Minus – Accumulated Depreciation	-20,252	-25,178
Total Fixed Assets	3,433	5,513
CUDDENT AGGETS		
CURRENT ASSETS Accounts Receivable	14,925	10,602
Grants Receivable	169,789	-
	,	207,074
Short-Term Investments	631,215	618,636
Cash	30,066	20,270
Total Current Assets	845,994	856,582
TOTAL ASSETS	€849,427	€862,095
LIABILITIES & EQUITY		
EQUITY		
Social Fund	€ 51,992	€ 51,992
Voluntary Reserve	652,482	654,303
Valuation Adjustments	8,497	7,417
Deficit for the Fiscal Year	-3,137	-1,821
Total Equity	709,833	711,890
CURRENT LIABILITIES		
Deferred Income – Grants	112,082	122,805
Accounts Payable	27,512	27,400
Total Current Liabilities	139,594	150,205
	137,374	130,203
TOTAL ASSETS	€849,427	€862,095

8.2. Acción Familiar (Foundation): Balance Sheet

ASSETS

	2010	2009
TANGIBLE FIXED ASSETS		
Furniture and Hardware	€ 2,800	€ 2,800
Minus – Accumulated Depreciation	-2,776	-2,718
Total Fixed Assets	25	82
CURRENT ASSETS		
Accounts Receivable	863	16,595
Grants Receivable	5,100	14,733
Short-Term Investments	637,019	666,393
Cash	12,143	14,223
Total Current Assets	655,124	711,944
TOTAL ASSETS <u>LIABILITIES & EQUITY</u>	€655,149	€712,026
EQUITY		
Social Fund	€100,000	€100,000
Voluntary Reserve	491,684	517,559
Valuation Adjustments	40,425	67,941
Fiscal Year Deficit	-2,178	-25,875
Total Equity	629,930	659,625
CURRENT LIABILITIES	25,218	52,401
TOTAL LIABILITIES & EQUITY	€655,149	€712,026

Account....

9. Account of Losses and Profits

9.1. Acción Familiar (NGO): Profit & Loss Statement

	2010	2009
INCOME		
Grants	242,442	277,041
Memberships & Donations	68,014	70,475
Services Rendered	25,706	35,624
Financial Income	12,146	12,358
Other Income	314	2,276
	348,621	397,774
EXPENDITURES		
Personnel Expenses	187,589	220,046
Partner Services	105,129	118,190
Supplies	19,275	22,512
Rentals	18,001	18,284
Communications	9,703	8,086
Maintenance & Repair	3,387	3,621
Depreciation of Fixed Assets	2,664	2,249
Others	6,011	6,607
	351,758	399,595
Fiscal Year Deficit	€ -3,137 *	€ -1,821

*These r eports m ay be m odified in t he event that a pending grant request for 2010 is awarded.

Notes ...____

9.2. Acción Familiar (Foundation): Profit & Loss Statement

	2010	2009
INCOME		
Memberships & Donations	€52,507	€ 77,028
Financial Income	38,622	9,347
Grants	0	37,500
Services Rendered	0	15,600
	91,129	139,475
EXPENSES		
Partner Services	48,688	67,527
Personnel Expenses	18,270	22,536
Social Assistance	10,000	50,000
Communications	9,425	13,971
Others	6,924	11,316
	93,307	165,350
Fiscal Year Deficit	€ -2,178	€ -25,875

10. Breakdown of Yearly Accounts

10.1. Acción Familiar (NGO): Notes to the Annual Accounts

1. Basis of Presentation

The main valuation rules and criteria used to create the Annual Accounts for fiscal years 2010 and 2009 are indicated as follows:

a) Fixed Assets

The furniture and hardware are valued at their purchase price.

Notes ..._

The Association depreciates its tangible fixed assets linearly, distributing the cost of t he as sets a cross t he es timated years o f i ts us eful l ife, according t o t he following detail:

Furniture and appliancesPercentage of DepreciationInformation processing equipment10%25%

b) Short-Term Investments

The i nvestments i ncluded in the "Short-Term Investments" section on the Balance Sheet reflect their market value. The unrealised gains of these investments are included in the "Valuation Adjustments" under "Equity" section on the Balance Sheet. These adjustments arose in 2009 a ccording to the valuation rule for financial instruments according to the New G eneral A ccounting Plan. As these investments are sold, the corresponding realised gain will move to the Profits & Losses; as a result, the balance of the "Valuation Adjustments" corresponds to unrealised gains at the end of each fiscal year.

c) Deferred Income

The Association fulfils the requirement of recording public and private grants upon t heir a ward. The total of g rants aw arded t o Acción Familiar to car ry out specific programmes during fiscal year 2010 r ose to \notin 231,922 (\notin 293,583 in 2009). Of this amount, \notin 169,789 w ere pending payment on D ecember 31, 2010 (\notin 207,074 in 2009), as shown in the "Grants Receivable" section on the Balance Sheet.

The grants a re a ccounted a s "Income" on the Profit & Loss S tatement for each f iscal year as the cor responding "E xpenses" a re incurred by the grantee programmes. In this s ense, the "Income" s ection on the attached P rofit & Loss Statement r eflects \notin 24 2,442 (\notin 277,041 i n 2 009) i n grants c orresponding t o programmes that have been fully or partially completed during the fiscal year.

The balance of $\notin 112,082$ ($\notin 122,805$ in 2009) from the "Deferred Income" section, which figures in the Balance S heet, c orresponds to the part of the grants received in fiscal year 2010 whose specific programmes will be c ompleted in the following year.

2. Application of the Deficit

The Association's Board of Directors has approved of the fiscal year Deficit of €3,137 to be covered by voluntary reserves.

The not es t o t he a ttached A nnual A ccounts f orm a n i ntegral part of the se financial statements.

10.2. Acción Familiar (Foundation): Notes to the Annual Accounts

<u>1. Basis of Presentation</u>

The main valuation rules and criteria used to create the Annual Accounts for fiscal years 2010 and 2009 are indicated as follows:

a) Fixed Assets

The hardware is valued at its purchase price and is depreciated linearly according to its estimated useful life (4 years).

b) Short-Term Investments

The i nvestments i ncluded in the "Short-Term I nvestments" s ection on the Balance Sheet reflect their market value. The unrealised gains of these investments are included in the "Valuation Adjustments" under "Equity" section on the Balance Sheet. These adjustments arose in 2009 a ccording to the valuation rule for financial instruments according to the New G eneral A ccounting Plan. As these investments are s old, the corresponding realised gain will move to the Profits & Losses; as a result, the balance of the "Valuation Adjustments" corresponds to unrealised gains at the end of each fiscal year.

2. Application of the Deficit

The F oundation's B oard of T rustees has a pproved for the 2010 f iscal year Deficit of $\notin 2,178$ to be covered by voluntary reserves.

The not es t o t he a ttached A nnual A ccounts f orm a n i ntegral part of t hese financial statements.

Collaborative/ Sponsoring...

11. Collaborative/Sponsoring Bodies and Agreements

Acción F amiliar partners regularly with numerous public and private or ganisations and has agreements with:

Ministry of Health, Social Policy, and	Deloitte Foundation		
Equality			
Government D elegation f or t he N ational	General F oundation of t he		
Plan on Drugs	Complutense University of Madrid		
Community of Madrid:	Gondra Barandiarán Foundation		
- Department of H ealth a nd C onsumer Affairs. Anti-drug Agency	Rafael del Pino Foundation		
- Department o f F amily and Social Affairs.	San P ablo – CEU Uni versity		
- Madrid Institute f or C hildren a nd Families (I.M.M.F.)	Foundation		
Region of M urcia: D epartment of H ealth	Caja de Ahorros del Mediterráneo		
and Consumer Affairs			
Municipality of Madrid	Caja Madrid, Obra Social		
Municipality of M urcia: D epartment of			
Health and Consumer Affairs	Ediciones Cinca		
Municipality of Cartagena	Ernst & Young		
Municipality of La Unión	Rutherford Española, S.A.		
Municipality of Fuente Álamo	Servicios G enerales de G estión		
	(Business Process Management)		

Collaborative/ Sponsoring..._

Municipality of Torre Pacheco	Técnicas Reunidas S.A.
Municipal Board of Chamberí	Universia
University of Deusto	

14. Appendix. publications 2003-2010

Publications

- MUSITU, G.; ESTÉVEZ, E.; JIMÉNEZ, T. I. (2009) Funcionamiento familiar, convivencia y ajuste en hijos adolescentes. Colección Acción Familiar. Ediciones Cinca, Madrid. 159 pages. ISBN 978-84-96889-58-3.
- LÓPEZ LÓPEZ, M ^a T . (Ed.) (2008) "Familia, e scuela y s ociedad. Responsabilidades compartidas en la educación." Estudio Anual 2007. Colección Acción Familiar. Ediciones Cinca, Madrid. 224 pages. ISBN 978-84-96889-20-0.
- LÓPEZ LÓPEZ, M^a T. and SANTÍN GONZÁLEZ, D. (Ed.) (2008) "Análisis de datos e n la inve stigación social de la familia." Colección Acción Familiar. Ediciones Cinca, Madrid. 541 pages. ISBN 978-84-96889-11-8.
- VARIOUS A UTHORS (2008) "Anuario E stadístico 2008." Fundación Acción Familiar, Madrid.
- LÓPEZ LÓPEZ, M^a T. (Ed.) (2007) "Familia y e conomía." Estudio A nual 2006. Colección Acción F amiliar. E diciones C inca. M adrid. 360 pa ges. ISBN 978-84-935104-7-3.
- PARRA JIMÉNEZ, Á gueda (2007) "Relaciones f amiliares y bienestar adolescente. Un viaje de 5 años con un centenar de chicos y chicas a lo largo de su a dolescencia." P remio J oven 2006. C olección A cción Familiar. E diciones Cinca, Madrid. 212 pages. ISBN 978-84-96889-01-9.
- VARIOUS A UTHORS (2007) "Anuario E stadístico 2007." Fundación A cción Familiar, Madrid.
- LÓPEZ LÓPEZ, Mª T. (Ed.) (2006) "Políticas públicas y familia. Análisis de la situación en España." Colección Acción Familiar. Ediciones Cinca. Madrid. 335 pages. ISBN 84-934759-2-0.
- LÓPEZ LÓPEZ, Mª T. (Ed.) (2006) "La Familia en el proceso educativo." Estudio Anual 2005. C olección Acción Familiar. Ediciones Cinca. Madrid. 271 pages. ISBN 84-934759-3-9.

Publications...

- ÁLVAREZ B LANCO, Lucía (2006). "Familia y ab andono e scolar. Importancia d e l a i mplicación f amiliar e n e l p roceso educativo." Premio Joven 2005. C olección A cción F amiliar. E diciones C inca. M adrid. 126 pa ges. ISBN 84-934759-8-X.
- VARIOUS AUTHORS (2006) "Anuario E stadístico 2006." Fundación Acción Familiar, Madrid.
- VARIOUS A UTHORS (2006) "Guía Práctica "La com ida familiar: espacio de comunicación." Fundación Acción Familiar-Comunidad de Madrid.
- LÓPEZ LÓPEZ, M^a T. (Ed.) (2005) "Familia y d ependencia. N uevas necesidades, nuevas p ropuestas." Estudio A nual 2004. C olección A cción Familiar. Ediciones Cinca. Madrid. 264 pages. ISBN 84-934200-4-2.
- SANTÍN GON ZÁLEZ, Da niel (2005) "Importancia de la familia en e l rendimiento escolar. Antecedentes, técnicas de medición y propuesta de políticas públicas." Premio Joven 2004. Colección Acción Familiar. Ediciones Cinca. Madrid. 125 pages. ISBN 84-934200-50.
- LÓPEZ LÓPEZ, M^a T. (Ed.) (2004) "La familia en España. Dos décadas de cambio." Estudio Anual 2003. Fundación Acción Familiar, Madrid. 362 pages. ISBN-84-7490-730-6.2.

Working documents

• Document no. 02/10

"La familia en el Proyecto de ley de Presupuestos Generales del Estado para 2011." López López, M^aT. and Gómez de la Torre del Arco, M.

• Document no. 01/10

"Impuesto sobre valor añadido y familia en los presupuestos generales del Estado. Análisis de los tipos efectivos de gravamen que soportan las familias españolas." López López, MªT. and Gómez de la Torre del Arco, M.

• Document no. 04/09

"El significado de la monitorización familiar en el desarrollo adolescente. Consumo de sustancias y bienestar psicológico." Antonia M^a J iménez Iglesias (VI P remio Joven de Investigación de Familia)

• Document no. 03/09

"Políticas de apoyo a la familia en el Proyecto de Ley de Presupuestos Generales del Estado para 2010." Mª Teresa López López and Mª Gómez de la Torre del Arco

• Document no. 02/09

"La protección de los dependientes en el seno de la familia: la ley de dependencia ¿una alternativa a los servicios tradicionales?" María Crespo

• Document no. 01/09

"La protección de la familia en España: aún lejos de Europa." María C ubel Sánchez and Cristina de Gispert Brosa

• Document no. 07/08

"Familia, Mujer e Igualdad de trato en el proyecto de Ley de Presupuestos Generales del Estado 2009." Author: Mª Teresa López

• Document no. 06/08

"¿Cómo se relacionan fertilidad, participación laboral femenina y protección social a la familia? Reflexiones a partir de datos macro en la UE." Nuria Badenes Plá and M^a Teresa López López

• Document no. 05/08

"La pobreza de las familias en España según los datos de la Encuesta de Condiciones de Vida: de scripción de los grupos familiares más de sfavorecidos y de terminación causal mediante regresión logística." Nuria Badenes Plá.

• Document no. 04/08

"Procesos d e s ocialización parental con adol escentes de familias en situación de riesgo psicosocial." Bárbara Lorence Lara.

• Document no. 03/08

"La edu cación y l a int egración social d e la s f amilias inm igrantes. Un programa centrado en la participación." Diana Priegue Caamaño.

• Document no. 02/08

"Medidas ex plicitas de apo yo a l a f amilia en l os pr ogramas el ectorales 2008." Fundación Acción Familiar

• Document no. 01/08

El efecto del "cheque z apatero" s obre la distribución y la pobreza de las familias. Nuria Badenes Plá.

• Document no. 02/07

"FAMILIA Y E DUCACIÓN: Visión de los Adolescentes." 2º Accésit. Mª Victoria Pérez de Guzmán Puya

• Document no. 01/07

"Niños y niñas de adopción internacional en las familias españolas: Desarrollo físico y psicológico a la llegada a las familias a doptivas y evolución pos terior." Maite Román Rodríguez

• Document no. 04/06

"El apoyo social de familias en situación de riesgo." Isabel López Verdugo

Publications... -

• Document no. 03/06

"Fenómenos de pobreza en los hogares españoles y su relación con las características del hogar." **Sonia González Raya**

• Document no. 02/06

"Familia y P obreza: la s políticas de familia c omo instrumentos pa ra prevenir l a pobreza."

Mª Teresa López López

• Document no. 01/06

"Familia y Responsabilidad: un estudio cualitativo." Hortensia López Lorca

• Document no. 05/05

"El futuro de las políticas de conciliación de la vida familiar y laboral en el marco de las instituciones comunitarias." Mª Teresa López López

• Document no. 05/05

"The future of pol icies f or r econciliation of w ork a nd f amily l ife within E U institutions." Mª Teresa López López

• Document no. 04/05

"Descubriendo la Mediación Familiar: la familia continúa." Marta Vales-Villamarín Merino and Isabel Cendán Fernández-Peinado

• Document no. 03/05

"La atención a los mayores desde los servicios sociales. El prometedor instrumento de la ayuda a domicilio." Beatriz Agra Viforcos

• Document no. 02/05

"Papel de la familia en los procesos migratorios de la sociedad actual." Elena Martín Rasines

• Document no. 01/05

"El Ocio, un ámbito de cohesión familiar." Manuel Cuenca Cabeza.

• Document no. 01/04

"Fundamentos y propuestas para las nuevas políticas de familia." Mª Teresa López López.

OTHER PUBLICATIONS

- Statistical B ulletin no. 2/ 05. "Familia e indi cadores de mográficos: España y Comunidad de Madrid."
- Statistical Bulletin no. 1/05. "Familia y Población en la Unión Europea."
- Statistical Bulletin no. 1/04. "La Familia en la Nueva Europa."
- Digital Newsletter (22)