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Dear friends,

The Report we present to you is the result of a very busy year for Acción Familiar, one which we have been able to overcome despite difficulties. Our organizational structure and projects have undergone significant change and this enables us to face the future with renewed excitement.

Throughout 2013, we have continued to consolidate our brand, Acción Familiar, as the only association which unites both a direct, hands-on approach with studies and research in order to help families.

Our primary objective is to encourage parents to take an interest in the holistic education of their children, rather than viewing teaching from a purely academic perspective, by helping them become more aware of the positive consequences such an education will hold for them. To this end, we have continued to offer them training through our workshops and courses in addition to giving them the opportunity to share their concerns and experiences with other parents, as this is an important form of support which makes their job easier. We have also launched new programmes which complement the family guidance services already being offered via our psychologists and other professionals.

The “invisible” work of the Honorary Chair in Family Policy:“Acción Familiar-Complutense University of Madrid” is also ongoing. The findings of those studies and research are increasingly applicable to society and policy makers. The process involves using reflection and study to help bring about cultural change, thus allowing family to be at the heart of public and private decisions.

As many important goals have been achieved in 2013, this should stand us in good stead for moving forward into the future. The year 2014 is full of ideas and projects which we intend to implement to respond to the needs of many families. We hope to be able to count on your continued support to do so.

Warmest wishes and thanks,

Rosario de Gortázar e Ybarra
1. Background

Acción Familiar is a group of people who work under this name to encourage recognition and appreciation of the role families play in society.

Its work is carried out using complementary strategies: direct action which has been undertaken since 1978, plus research and studies which have continued as of December 2002.

AFA holds the legal status of a Non-Governmental Organization and has been recognized as a Public Benefit Organization since 1982.

On the international stage, Acción Familiar was awarded Consultative Status by the United Nations Economic and Social Council (ECOSOC) in 2002. This title is periodically renewed after our activities have been positively assessed by an external source.
2. Mission, vision and values

• Mission:
To promote, help, support and strengthen the family unit by offering services—primary, educational and redistributive, etc.—which enable it to function successfully. We also undertake studies and research which increase understanding and knowledge, thus confirming the significant impact families have on personal and social wellbeing when they function correctly.

• Vision:
To work rigorously in the work we undertake, striving for excellence and to be a leading center, both through direct help and through the research and analysis of family-related matters for policy makers, social agents and groups, the media and families.

• Values:
  - Recognition of personal dignity as inherent to each individual.
  - Commitment towards families, especially those who are most disadvantaged.
  - An independent, non-religious and politically neutral organization which does not discriminate on the grounds of religion, gender or race.
  - Our actions are coherent with our goals.
  - Ensuring our management is transparent, ethical and strives for quality.
  - Professionalism so that we can ensure our beneficiaries receive the best possible service.
  - Being rigorous and efficient in the continual search for improvement, innovation and excellence.
  - Confidentiality and data protection.
Activities undertaken in 2013

1. TRAINING PROGRAMMES

1.1. Family mediation and guidance service (UNIFAM)

Objective:
To offer personalized support, providing families with psychological, legal and/or social help and giving information about the various resources available to them.

Characteristics:
- Free of charge for the user.
- Volunteers support AFA staff, and part of the provision is outsourced to professionals who collaborate with the organization.
- Primarily financed with public resources.

Cases attended in 2013: 1,580 people benefited from the service.
Activities undertaken in 2013

1.2. Family Training and Prevention Service

Objective:

With the support of materials produced by the association and delivered via the network of monitors at Acción Familiar, this service offers training to mothers, fathers and education providers, supplying them with tools to facilitate their role in education. We also encourage young people to develop a critical spirit.

Characteristics:

• Delivered via seminars, courses and workshops of varying duration and at different centers: schools, colleges, parent associations, etc.
• Free of charge for users.
• The service is run by our network of monitors who have been previously trained in specific seminars in accordance with the topics, content and audience being addressed.
• Support is given through our own material which we create at AFA.
• Financed with public funds and, to a lesser extent, private and own funds.
## Activities undertaken in 2013

### Content of new programmes delivered in 2013 by the Family Training and Prevention Service:

1. **AULAFAMI Programme:**
   - Objective: Integration of immigrants. Financed by the Ministry of Employment and Social Security and European funds.
   - Throughout 2013, AFA monitors provided 36 training activities which saw the participation of 753 mothers and fathers of foreign nationality.

2. **EDUCA+ Programme:**
   - Educational support groups to promote socio-educational integration, aimed at those students in situations of risk due to the socioeconomic characteristics of their families.
   - A total of 483 individuals benefited from the various activities carried out in Madrid, Murcia and Zaragoza.
   - Financed by the Ministry of Education.

3. **Virtual classroom:**
   - In order to reach as many families as possible and taking into account the limited time which mothers and fathers have available, this project provides online training which enables parents to complete courses without having to travel.
   - Financed by Roviralta Foundation.

4. **“Activa”**.
   - This programme has been designed by the Department of Health in Murcia and is coordinated by its Health Service, with the aim of supporting children who are overweight and obese. It involves sporting activities and workshops to raise awareness regarding healthy food and training. Two workshops have been held so far, to the benefit of 25 individuals.
   - Co-financed by Acción Familiar.
Ongoing programmes:

1. **Educating as a family:**
   Supplies parents with training tools to manage family dynamics, specifically dealing with the behaviour of their children at various stages: assertive communication, self-esteem, boundaries and rules, resolving conflict positively, shared family responsibility, use of new technologies, etc. A total of 28 courses were delivered at 25 centers for 412 attendees.

2. **Living together better as a family:**
   Orienta a los padres especialmente de adolescentes para optimizarla, y potenciar su desarrollo. Así mismo enseña sobre la responsabilidad, comunicación, resolución de conflictos, organización del tiempo libre familiar y prevención de factores de riesgo. Se han realizado 19 cursos en 18 centros con 271 asistentes.

3. **Family free time –More opportunities for learning:**
   Make people sensitive to the importance and benefits of taking advantage of free time for learning, how to make it appealing (active, participatory, educational and inclusive) and how to get the best out of the relationships between its members. A total of 26 courses have been provided to 370 attendees at 23 centers.
Ongoing programmes

4. Tele Patio:

This programme is designed to prevent drug addiction and promote healthy free time. Eighteen workshops have been held at educational centers in Murcia and Cartagena with the participation of 365 students. In the workshops, the students themselves make and star in short films relating to the topics of health and preventing drug addiction.

The aim of these activities is for young people to internalize the risks and consequences of drugs while providing them with alternatives for their free time. The activities also encourage creativity, camaraderie and teamwork at the same time.

5. Shared Tutorials:

Programme carried out in close collaboration with teaching staff in the region of Murcia to prevent drug addiction. 119 tutorials have taken place at 23 centers with the participation of 119 teachers and 1841 children.

6. The New Challenge:

Training teenagers in the personal skills they require to stand up to drugs and develop the ability to think critically. This prepares them for peer pressure and misleading advertising, as well as preventing addictions and other risk factors. A total of 42 courses have been delivered to 1192 children at 18 centers.
Main results achieved in 2013

Family Training and Prevention Services

- Over 290 courses delivered in total, offering training to 2,433 mothers and fathers and 3,396 children and young people.

- Led by 41 monitors at 70 centers, reaching 5,829 beneficiaries in:
  22 state schools and colleges
  19 semi-private institutions
  15 infant schools
  14 other centers
2. VOLUNTEERS

- **Objective:**
  - To provide support to children who reside in centers within the Community of Madrid and are waiting to be fostered or adopted, as well as elderly people in their homes or residences.

- **Characteristics:**
  - We have a network of volunteers, numbering over 120 in total.
  - Implemented as part of a Collaboration Agreement with the Madrid Institute for Minors and Family.
  - Financed by own resources.

- In 2013, AFA continued with volunteer project in Children’s Centers in Madrid:
  - 80 volunteers participated, offering support in 18 centers within the Community of Madrid.
  - They offer academic support and accompaniment in close collaboration with educators.

- With regards to other agreements, our volunteers also accompany the elderly, both at home and in residences.
Main results achieved in 2013

Volunteer Service

Thanks to the efforts and dedication of our volunteers, we have been able to support a total of 18 children’s centers where hundreds of boys and girls live together under custody or guardianship.

For yet another year, the results achieved have been extremely positive and those in charge of the residences request that we continue to help them, as they can see for themselves that youngsters who receive daily support have considerably improved their attitude and, more specifically, their academic results.

The work carried out by our volunteers is very important, not just because of the academic support that they provide to youngsters, but also due to the accompaniment they provide at weekends. This is a great help in ensuring that the children participate in activities outside the center.

We would therefore like to thank our volunteers - over 80 in total - who have worked with Acción Familiar during this year for all their hard work.
Research and study activities have been carried out at Acción Familiar since 2003, under the Foundation of the same name. In 2013, the General Assembly and Board took the opportunity to unify all activities under one sole organization, which, since September 2013, has been known as Acción Familiar – NGO.

**Objective:**

To use reflection and research to help improve knowledge regarding the role which family plays. This involves promoting a culture which is more aware of the value family has as an irreplaceable institution for personal and social balance.

**Characteristics:**

- Studies and investigations are undertaken as part of the Honorary Chair in Family Policy resulting from the collaboration agreement with the Complutense University of Madrid.
- Self-financed with private funds, although public funds are also available.
- The agreement was renewed in 2012 for 5 years.
Activities undertaken in 2013

Main results achieved in 2013

Service for Family Research and Studies


2. In addition to the above, the following two publications have been released as a result of research and work:


3. Creation and presentation of the proposal for the Complutense University Summer Course (to be held in July 2014) on “Family: A state matter”.


5. Transfer of knowledge and services offered to other institutions:

   - The Honorary Chair in Family Policy allows experts to participate in the Inter-ministerial Commission working on creating the Comprehensive Family Support Plan at the MSSSI.
6. Working in collaboration with the University of Oviedo to create content for educational guidance which has formed the basis for materials used in the Virtual Classroom.

7. Organization and delivery of a training course for family services workers in Catalunya, via the Institute for Family at the International University. The course involves three sessions of 4/5 hours. Two sessions were held in November 2013 and February 2014, with the third session yet to be arranged.

8. Contacts for the organization of new activities with the Institute for Family at the San Pablo CEU University: seminars, breakfast meetings, etc.

The Acción Familiar website allows us to inform a wider audience of the work undertaken for the benefit of families. It includes information about our history, activities, projects, services which we offer free of charge, how our work is funded and our partners.

The website received 55,849 visits in 2013.

Visitors to our website are most interested in the following sections:

- Who we are
- Publications
- Training: “Educating in the family” and “Living together better as a family”
- Volunteers
- UNIFAM: Family Intervention Unit
Users by location:

Users in Spain accounted for 66% of visits to the website, while 19% came from South America (one percent less than in 2012) and 2% from the rest of Europe and North America. In Spain, Madrid remains the city from which we receive the greatest number of hits (51%), followed by Barcelona, Bilbao and La Coruña.

Virtual Classroom

At Acción Familiar, we have gone one step further in our commitment to education and now offer a new e-learning resource in addition to our ongoing face-to-face programmes. This educational space offers free courses to parents and educators so that they can improve their knowledge with regards to education.
Participation in international networks

REDFAM: Interuniversity Network for Family Studies

- This is an online meeting point which enables researchers to exchange their findings and propose new lines of investigation, as well as featuring information regarding research which is already being undertaken. The aim of the network is to improve knowledge of how family life is affected, supplying members with the tools they need to optimize the function of their family and contribute towards building a society that is more unified and stable.

- The network comprises professionals from various institutions and universities in Spain and abroad: Alcalá, Complutense, Deusto, International University of Catalunya, University of Las Palmas de GranCanaria, Granada, Málaga, Murcia, Navarra, Oviedo, Basque Country, Comillas Pontifical University, Salamanca, Santiago de Compostela, Seville, Valencia; Chile, Coimbra (Portugal), Córdoba (Argentina), Mexico, Santa Fe (Argentina), Panama, Santo Domingo (Dominican Republic) and Simon Bolivar (Bolivia). They belong to a wide range of fields of knowledge such as psychology, sociology, economics, pedagogy, philosophy, etc.

Make Mothers Matter

- Acción Familiar has been a member of Make Mothers Matter (MMM) since 1995. It is an international network whose mission is to unite mothers from different cultures around the world to help them, optimize their work and make both the general public and international institutions aware of the fundamental role they play in encouraging peace and safety. It therefore contributes to the social, economic and cultural progress of societies.

- It enjoys great international prestige as it is recognized as having General Consultative Status in all UN agencies.
## Financial Resources 2013

### INCOME

<table>
<thead>
<tr>
<th>Source</th>
<th>2013</th>
<th>2012</th>
</tr>
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<tbody>
<tr>
<td>Subsidies</td>
<td>€232,064</td>
<td>€183,186</td>
</tr>
<tr>
<td>Membership payments and</td>
<td>€132,769</td>
<td>€105,062</td>
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<tr>
<td>donations</td>
<td></td>
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<tr>
<td>Interest income</td>
<td>€37,422</td>
<td>€14,780</td>
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<tr>
<td>Income from services offered</td>
<td>€11,039</td>
<td>€14,439</td>
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<tr>
<td>Other income</td>
<td>€173</td>
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<td><strong>Total Income</strong></td>
<td><strong>€413,467</strong></td>
<td><strong>€317,467</strong></td>
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### EXPENDITURE

<table>
<thead>
<tr>
<th>Category</th>
<th>2013</th>
<th>2012</th>
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</thead>
<tbody>
<tr>
<td>Staff costs</td>
<td>€203,988</td>
<td>€206,370</td>
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<tr>
<td>Participant services</td>
<td>€122,791</td>
<td>€84,101</td>
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<td>Supplies</td>
<td>€23,381</td>
<td>€21,576</td>
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<td>Rent</td>
<td>€20,000</td>
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<td>Media/Publicity</td>
<td>€19,501</td>
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<td>Chair in Family Policy</td>
<td>€13,811</td>
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<td>Maintenance and repairs</td>
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<td>€2,452</td>
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<td>Depreciation of assets</td>
<td>€1,046</td>
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<tr>
<td>Other</td>
<td>€5,362</td>
<td>€5,112</td>
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<tr>
<td><strong>Total Expenditure</strong></td>
<td><strong>€411,925</strong></td>
<td><strong>€364,774</strong></td>
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</table>

### Profit/Deficit for the tax year

- **Income 2013**: €1,542
- **Expenditure 2013**: -€47,307

### Income Distribution 2013

<table>
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<tr>
<th>Source</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Subsidies</td>
<td>32%</td>
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<td>Membership payments and</td>
<td>56%</td>
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<tr>
<td>donations</td>
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<tr>
<td>Interest income</td>
<td>9%</td>
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<tr>
<td>Income from services offered</td>
<td>3%</td>
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<tr>
<td>Other income</td>
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### Expenditure Distribution 2013

<table>
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<tr>
<th>Category</th>
<th>Percentage</th>
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<td>Staff costs</td>
<td>16%</td>
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<td>Participant services</td>
<td>45%</td>
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<tr>
<td>Supplies</td>
<td>27%</td>
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<tr>
<td>Chair in Family Policy</td>
<td>3%</td>
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<tr>
<td>Rent</td>
<td>5%</td>
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<td>Media/Publicity</td>
<td>4%</td>
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<tr>
<td>Maintenance and repairs</td>
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<tr>
<td>Depreciation of fixed assets</td>
<td>0%</td>
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Accounts audited annually by Ernst & Young
Our partners

- Ministry of Education, Culture and Sport
- Ministry of Employment and Social Security
- Ministry of Health, Social Security and Equality
- Government Delegation for the National Drug Strategy
- Autonomous Community of Madrid: Madrid Institute for Children and Families
- Municipality of Madrid: Directorate for Family, Children, Education and Youth
- Municipality of Murcia: Department of Health and Consumption
- Municipality of Cartagena
- University of Deusto
- Técnicas Reunidas S.A.
- Deloitte Foundation
- Complutense University of Madrid General Foundation
- Gondra-Barandiarán Foundation
- Rafael del Pino Foundation
- María Francisca de Roviralta Foundation
- San Pablo – CEU University Foundation
- Obra Social La Caixa
- Ediciones Cinca
- Ernst & Young
- Servicios Generales de Gestión
- Mondo Lingua
- Los Monteros Agrícolas, S.L.
- Marketing y Comunicación Digital
- Inyección Advertising Agency
- Graymo
Below is the organizational structure for each group which has collaborated in the work carried out during 2013. As a result of all activities being unified under one sole group, in January 2014 the structure of Acción Familiar was modified to include individuals from both organizations.

**STRUCTURE**

**President**
Dª Rosario de Gortázar e Ybarra

**Vicepresidents**
Dª Pilar Gª de la Mata Barcón
Dª Pilar de Toledo y Sanz

**Treasurer**
D. Manuel Soto Serrano

**Secretary**
D. José Mª Llorente Gozalo

**Board Members**
Dª Mª Ángeles Becerril Bustamante
D. José Ángel Crespo Alcántara
D. Pablo Díaz de Rábago
D. Javier García de Fuentes
D. Francisco de Lacalle Leloup
D. Fernando de la Macorra
D. Lucas Oriol López Montenegro
D. José Miguel de la Rica Basagoiti
D. Javier Ruiz-Ogarrio Herault
Dª Brigitte de Vaumas Donnet
Dª Isabel Zayas Carvajal
## Who we are – Foundation

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<tr>
<td>Honorary President</td>
<td>D. Adolfo Suárez González</td>
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<tr>
<td>President</td>
<td>Dª Rosario de Gortázar e Ybarra</td>
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<tr>
<td>Vicepresidents</td>
<td>Dª Mª Teresa López López</td>
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<td>D. Leopoldo Calvo Sotelo Ibáñez Martín</td>
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<td>Treasurer</td>
<td>D. Manuel Soto Serrano</td>
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<td>Secretary</td>
<td>D. José Mª Llorente Gozalo</td>
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<tr>
<td>Patrons</td>
<td>Dª Cristina Balet Aragües</td>
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<td>D. Ignacio Bayón</td>
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<td>D. Miguel Fernández de Pinedo</td>
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<td>Dª Pilar García de la Mata Barcón</td>
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<td>Dª Lucía Gómez-Baeza Tinturé</td>
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<td>D. Eduardo Montes</td>
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<td>D. Lucas Oriol López-Montenegro</td>
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<td>D. Patricio Satrústegui Aznar</td>
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PUBLICATIONS


Acción Familiar Publications 2003-2013


Acción Familiar Publications 2003-2013

WORKING PAPERS

Document nº 01/13

Document nº 01/12
“Social policies and the treatment of families in the 2012 General State Budgets. The need for new funding methods”. López López, MªT. and Gómez de la Torre del Arco, M.

Document nº 01/11
“Personal income tax (IRPF) and equal treatment towards families”. López López, MªT. and Gómez de la Torre del Arco, M.

Document nº 02/10
“Families in the 2011 General State Budgets Bill”. López López, MªT. and Gómez de la Torre del Arco, M.

Document nº 01/10
“Value Added Tax and family in the General State Budgets. Analysis of the effective tax rates placed on Spanish families” López López, MªT. and Gómez de la Torre del Arco, M.

Document nº 04/09
“The significance of family monitoring in adolescent development. The consumption of substances and psychological wellbeing.” Antonia Mª Jiménez Iglesias (VI Youth Prize for Family Research)

Document nº 03/09
“Family support policies in the 2010 General State Budgets Bill.” Mª Teresa López López and Mónica Gómez de la Torre del Arco.

Document nº 02/09
“Protecting dependents at the heart of the family: the Dependency Act. An alternative to traditional services?”. María Crespo.
| Document nº 01/09 | “Protecting the family in Spain: even further away from Europe.” María Cubel Sánchez and Cristina de Gispert Brosa. |
| Document nº 05/08 | “The poverty of families in Spain according to data from the Living Conditions Survey: Description of the most disadvantaged family groups and causal determination via logistic regression”. Nuria Badenes Plá. |
| Document nº 04/08 | "Parental socialization processes with teenagers for families in situations of psychosocial risk". Bárbara Lorence Lara. |
| Document nº 02/08 | “Explicit family support measures in the 2008 election manifestos”. Acción Familiar Foundation. |
| Document nº 02/07 | "FAMILY AND EDUCATION: The Vision of Teenagers”. 2nd runner-up prize. Mª Victoria Pérez de Guzmán Puya. |
Document nº 01/07
"Internationally adopted children in Spanish families: Physical and psychological development upon arrival at adoptive families and subsequent evolution”. Maite Román Rodríguez.

Document nº 04/06
"Social support for families in a situation of risk". Isabel López Verdugo.

Document nº 03/06
"Poverty in Spanish homes and its relationship with features of the household”. Sonia González Raya.

Document nº 02/06
"Family and Poverty: family policies as an instrument for preventing poverty“. M.ª Teresa López López

Document nº 01/06
"Family and Responsibility: a qualitative study”. Hortensia López Lorca

Document nº 05/05
"The future of policies for reconciliation of work and family life within EU institutions“. M.ª Teresa López López.

Document nº 04/05
"Discovering Family Mediation: The family continues". Marta Vales-Villamarín Merino and Isabel Cendán Fernández-Peinado.

Document nº 03/05

Document nº 02/05
"The role of families immigration processes in society today". Elena Martín Rasines.
Document nº 01/05
"Free Time: a setting for family cohesion". Manuel Cuenca Cabeza.

Document nº 01/04
"Principles and proposals for new family policies". M.ª Teresa López López.

OTHER PUBLICATIONS

The purpose of the Statistical Bulletins which have been published so far is to share the latest news, statistics, legislation and publications with a network of over 4,000 subscribers who form the AFA database. A new digital Bulletin has recently been created and it is renewed and updated in terms of style and content:

- Statistical Bulletin nº 2/05. “Family and Demographic Indicators: Spain and the Community of Madrid”.
- Statistical Bulletin nº 1/04. “Family in New Europe”.
