Report
2018

Family Action Association
* In order to speed up reading, the terms masculine and feminine will not be used to refer to child; grandfather/grandmother; son/daughter, etc., but instead generic terms will be used (children, grandparents, children, etc.).
The role of the family in society is irreplaceable and at the Family Action Foundation, we have been defending its work for 40 years, as a reference and basis for the progress and development of society.

Education and training of people are essential pillars of development and therefore from our Research and Studies Unit, we continue working to analyse the current socio-economic situation of the family and the challenges and problems it faces. We wish to continue providing truthful and thorough information that contributes to placing value on the role of the family.

We also offer direct help to parents, teachers, children and teenagers, making the necessary tools for training available to them. In 2018, we helped almost ten thousand people with our Training Programmes. Our volunteers have carried out tasks such as extra support classes with children and have provided accompaniment to elderly people who feel lonely.

Our Family Care Unit continues to provide free psychological and legal care, to individuals and groups. We have qualified professionals looking after anyone who requests support, especially those who are in a vulnerable situation.

I would like to thank all the entities that support us in order to achieve our objectives, and I would also like to thank everyone who has made donations generously and selflessly in order to make this project possible.

In the future, our team will continue to work with dedication and enthusiasm to ensure that our help reaches more and more people. Thanks to your trust and support, we are sure that we will be able to continue with our work and provide support to the families who need it.

Patricia Tena Gutierrez

President
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organigram</td>
<td>3</td>
</tr>
<tr>
<td>What is the Family Action Foundation?</td>
<td>4</td>
</tr>
<tr>
<td>What do we do?</td>
<td>5</td>
</tr>
<tr>
<td>Impact</td>
<td>6</td>
</tr>
<tr>
<td>I. Research and Studies Unit</td>
<td>7</td>
</tr>
<tr>
<td>II. Family Care Unit</td>
<td>11</td>
</tr>
<tr>
<td>Training and Programmes</td>
<td>14</td>
</tr>
<tr>
<td>IV. Volunteering</td>
<td>16</td>
</tr>
<tr>
<td>Communication</td>
<td>19</td>
</tr>
<tr>
<td>Collaborations</td>
<td>20</td>
</tr>
<tr>
<td>Accountability</td>
<td>21</td>
</tr>
<tr>
<td>Funders and Collaborating Entities</td>
<td>22</td>
</tr>
<tr>
<td>2018 in pictures</td>
<td>23</td>
</tr>
</tbody>
</table>
Who are we?

EXECUTIVE COMMITTEE

Honorary President
Rosario de Gortázar e Ybarra

President
Patricia Tena Gutiérrez

Treasurer
Isabel Oraá Gortázar

Secretary
José María Llorente Gozalo

Members
Javier Carvajal García-Valdecasas
Pablo Díaz de Rábago Mazón
Javier García de Fuentes de Churruca
Ignacio Gil de Antuñano Vizcaíno
Iván Muñoz López de Carrizosa
Lucas Oriol López-Montenegro
José Luis Rodríguez Jiménez
Teresa Sáenz-Díez Rojas

TECHNICAL TEAM

Management
Áurea García Muñoz

Research and Studies Unit
María Teresa López López
Viviana González Hincapié

Institutional Relations and Volunteering
Isabel de la Rica Ojinaga

Training and Programmes
Sonia Cuenca de la Casa
Ana Villota Quibén
Eusebio Martínez Díaz (Murcia)

Family Care Unit
Carmen Bustillo Fernández

Administration
Nuria Lanuza Esparcia
What is the Family Action Foundation?

The Family Action Foundation is a non-profit organisation that is run by and has been working with families since 1978.

The aim of the Family Action Foundation is to promote the recognition and appreciation of the role of the family in society, as well as defend the interests of each of its members.

We work in favour of the family by using two complementary strategies: direct action (with training activities, guidance in the Family Care Unit and our volunteers) and research and study.

We maintain a commitment to the dignity of the person and support families without discrimination.

The Family Action Foundation adopts the legal form of a non-profit organisation and its Public Utility was recognised in 1982. Since 2004, the Family Action Foundation has held the Special Consultative Status to the United Nations Economic and Social Council (ECOSOC).

Mission:

To help, take care of and strengthen the family, as well as promote the protection of childhood, both those who live within the family and those who do not have a family or are forced to live outside of their family environment.

Vision:

To be a point of reference in the area of providing services for families and children, as well as in the area of research and study of topics related to the family for political leaders, social agents and entities, the media, and for families themselves, through rigour, excellence, solidarity and the quality of work that the Family Action Foundation carries out.

Values:

Dignity of the person.
Commitment and solidarity.
Non-discrimination (Inclusion).
Coherence.
Professionalism.
Rigour and efficiency.
Transparency, quality and ethics.
Confidentiality.
Cooperation.
What we do?

I. Family Research and Studies

Applied research in family and childhood, and the transfer of knowledge to society and public institutions.

II. Family Care Unit

Free psychological and legal counselling and support for all members of the family.

III. Training and Programmes

Development of training programmes and continuity programmes aimed at parents, teachers, professionals, children and teenagers.

IV. Volunteering

Support to people in vulnerable and social exclusion situations, according to their specific needs.
Impact 2018

11,306 direct beneficiaries of our actions

2 publications
1 technical assistance project
11 conferences and seminars
10 articles and media interviews

982 people have directly received free psychological and legal care and support

9,973 parents, children and teenagers have been trained in our workshops.
108 workshops
15 trained instructors

250 children and adults accompanied by our volunteers
86 volunteers have carried out tasks of school support and support of people at risk of social exclusion
Our Aim

To provide society and policy-makers with knowledge about the family and childhood in order to enrich the social debate and facilitate the development of public policies.

How do we do it?

Interdisciplinary applied research projects, from a family perspective.

Transfer of Knowledge: technical assistance to public bodies and other entities, participation in conferences, forums and seminars, and presence in the media.

I. Family Research and Studies Unit

The Research Unit works closely with the Family Policy Research Group at the Complutense University of Madrid and with researchers from other universities, such as the Comillas Pontifical University.

Speech by Maria Teresa López, Director of the Research and Studies Unit, at the IESE Business School, Barcelona. 14th June 2018.

Presentation of the study “Las familias en España”. Co-authors and Directorate-General of Family of the Community of Madrid. 24th September 2018.
Results 2018

2 publications
1 technical assistance project
11 conferences and participation in forums and seminars
10 articles and interviews in the media

Publications

Is there a "penalty" for maternity: Women and the labour market in Spain from a family perspective. Co-financed in concurrent competition by the Ministry of Health, Consumer Affairs and Social Welfare (See more)

Families in Spain. Analysis of their social and economic reality in recent decades (1975-2017). In collaboration with the Complutense University of Madrid. (See more)

Proyecto de asistencia técnica

Conferences, presentations and participation in forums and seminars


- Working Table "Economic policies applied to the Family." Network of Municipalities for the Family and the City of Coslada, Madrid, 1st March.


- Speech from the panel "Allies or enemies? “The public policy response.” Conferences on Business, Family and Society organised by the International Centre for Work and Family (ICWF, IESE) and the European Large Families Confederation (ELFAC). Barcelona, 14th June.

- Thinking about gender seminar. Seminar for psychologists and students, Asociación Suseia, Universidad Complutense de Madrid. Madrid, 23rd June.

- Are children part of young people's life project? Conferences on Birth, Plataforma per la Familia Catalunya-ONU. Barcelona, 10th October.


Media Impact

- "Woman and mother: double inequality. “
  La Tercera, ABC. 7th March (See more)

- "Marriage is still the way for couples to live together."
  ABC Family. 24th October (See more)

- "There is a tendency to live together, have children and then get married."
  ABC Family. 24th October (See more)

- "The number of households is increasing, but they have fewer members."
  ABC Family. 24th October (See more)

- "Protecting maternity: a challenge for equality policies."
  ABC digital. 8th December (See more)

- "Having children, a private decision with public consequences".
  iFamilias, 11th December (See more)

Participation of the research team:

- “Currently” radio programme, on station Cadena SER. 12th March (See more)

- “It matters to us: Living longer than 100 years” TV programme, Antena 3. 10th September (See more)

- “The Evening” TV programme. COPE. 29th November (See more)

- Having a family magazine. Issue No. 297 November 2018

Support people and families who need **to learn to develop basic skills and manage extreme situations** (emotional disturbances, addictions, unemployment, immigration, significant losses, family breakdowns, violence, failing at school, work and socially.

**How do we do it?**

Offering free personal, family and/or group intervention sessions with qualified professionals in different areas (psychological, educational, work, relational and/or legal); in person, by telephone, video call or email for anyone who requests it.

**II. Family Care Unit**

The Family Care Unit in collaboration with other entities works **to create support networks** that strengthens individuals and families, especially those at risk of social exclusion.
982 people have received free psychological and legal support in our Family Care Unit.

Profile of people cared for:
- 71% Women
- 29% Men

Age Range:
- 57% 6-17 years
- 24% 18-30 years
- 12% 31-51 years
- 3% 52-65 years
- 3% 66 years and older
- 3% 66 years and older
### Results 2018

#### II. Family Care Unit

#### Type of advice requested

<table>
<thead>
<tr>
<th>Type of Advice Requested</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychological</td>
<td>48%</td>
</tr>
<tr>
<td>Legal</td>
<td>23%</td>
</tr>
<tr>
<td>Work-related</td>
<td>20%</td>
</tr>
<tr>
<td>Educational</td>
<td>6%</td>
</tr>
<tr>
<td>Other queries</td>
<td>3%</td>
</tr>
</tbody>
</table>

#### Reasons for consultation on psychological issues

(百分之 of a total of 982 people assisted)

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Parent-child relationship problems</td>
<td>29%</td>
</tr>
<tr>
<td>Emotional disturbances</td>
<td>22%</td>
</tr>
<tr>
<td>Conflicting relationship with spouse or partner</td>
<td>13%</td>
</tr>
<tr>
<td>Prevention of child abuse in the educational sphere</td>
<td>7%</td>
</tr>
<tr>
<td>Life Cycle Crisis</td>
<td>6%</td>
</tr>
<tr>
<td>Counselling for child sexual abuse victims in the educational field</td>
<td>5%</td>
</tr>
<tr>
<td>Family breakdown due to separation or divorce</td>
<td>4%</td>
</tr>
<tr>
<td>Relationship problems between siblings</td>
<td>3%</td>
</tr>
<tr>
<td>Bereavement</td>
<td>2%</td>
</tr>
<tr>
<td>Addiction to substances</td>
<td>2%</td>
</tr>
<tr>
<td>Other reasons*</td>
<td>1%</td>
</tr>
</tbody>
</table>

* Other reasons: internet addictions, abuse, violence by spouse or partner, harassment (work, sexual, social media), pregnant without support, child-to-parent violence, dependency due to disability.
Our Aim

To train people and families and create meeting spaces to support educational work. We offer parents, teachers, professionals, children and teenagers the tools to achieve an “emotional education”.

How do we do it?

Through a network of professional monitors (psychologists, teachers, social educators...) with extensive experience in social intervention, who teach our programmes in person, and through our Virtual Classroom, with free access.

III. Training and Programmes

Where are we?

During 2018, the workshops were held in Aragón, Castilla La Mancha, Galicia, Madrid, Valencia and Murcia.

“Educating Families” Programme, Madrid.
Results 2018

9,988 people have benefited directly from our training programmes

1,466 parents
8,459 children and teenagers
48 Virtual Classroom pupils
and
15 trained instructors.

Continuous Programmes

- Family Leisure
- Improving Cohabitation
- Raising a Family
- New Challenge
- Family with Emotions
- Teachers who are Grandparents

2,684 direct beneficiaries

Programmes in Murcia

- Shared tutorials
- Tele Patio
- Prevention at community level through non-formal education

7,241 direct beneficiaries

Virtual Classroom

- Basic concepts in violence prevention
- Support for developing self-esteem
- Control such as limit setting and its consequences
- Communication: the key to understanding and respecting each other
- Family co-responsibility
- Family and developing healthy habits

48 direct beneficiaries
To offer support to children, elderly people, immigrants and people in vulnerable situations, according to their specific needs.

We integrate the most suitable volunteers for each task, giving them the necessary training and monitoring:

- To look after children under guardianship in an integral way
- To help alleviate the loneliness of elderly people
- To teach immigrants to read and write

Our volunteers collaborate in:

- 9 children's homes in Madrid, Leganés, Vallecas, Móstoles and Pozuelo.
- Elderly Care Homes "Nuestra Señora de Montserrat" in Madrid.
- The Dolores Sopeña de Vallecas Foundation.

Este curso al principio empezó un poco difícil, pero en el tercer trimestre se mejoró mucho. No ha ayudado el apoyo escolar que he tenido los Martes con Amanda. Es tranquilo, he sabido explicar las cosas, ha tenido paciencia conmigo. He conseguido hacer que me gente el sueño.

Buen verano a todos
IV. Volunteering

Great commitment of our volunteers:

- 80% of our volunteers have been collaborating with the Family Action Foundation for more than three years.
- 250 people have asked us for information about our volunteer programmes throughout the year and 25 new volunteers have joined.

The satisfaction from residences we collaborate with, about the work of our volunteers with children, has been very high, according to the surveys carried out.

"I want to express the gratitude of the Central Team for your quiet and constant work. In spite of all their difficulties, some of them managed to get good grades!"

250 children and adults accompanied by our volunteers in 2018

86 volunteers have performed tasks such as extra support classes and accompaniment, helping to prevent absenteeism and leaving school early.
Charitable Activities

- One more year and thanks to the support of Société Générale, as part of its solidarity initiatives, we attended their traditional "Feast of Kings", where several children fulfilled their big dream of meeting them and delivering their letter personally.

- On 26th September, we witnessed the delivery of the contributions that Sabadell Urquijo Private Banking has been making for years to different social projects, most of which are focused on covering risks of social exclusion. In our case, the contribution has been allocated to the socio-educational project in children's homes in Madrid.

Do you feel like contributing and want to participate in the improvement of other people?

Well, you are welcome! We will be delighted to have you with us.
44,000 visits to the website
476 new followers on social media

**Communication**

484 Followers
609 Mentions
3,567 Visits to our profile
509 Tweets

**LinkedIn**

**Twitter**

**We changed our logo...**

“There can be no keener revelation of a society’s soul than the way in which it treats its *children*.”
- Nelson Mandela -

“All *grown-ups* were once children... but only few of them remember it.”
- Antoine de Saint-Exupéry -

“I can't think of any need in childhood as strong as the need for a *Father's* protection.”
- Sigmund Freud -

**Family Action Foundation**

We **help each other**....

We **protect each other**...

We **need each other**...
...because we believe that joining forces is the best way to work with and for the family, we seek and rely on entities that help us achieve our goals on behalf of families and each of their members.

In 2018, a collaboration agreement was signed with the Comillas Pontifical University for the development of research projects and the performance of knowledge transfer activities.

Collaborating with the Dolores Sopeña Foundation, supporting our psychologists in the training and in the process of interviews for the employment integration of young people.

Integrating our work in state platforms - such as the Children's Platform - which brings together more than 65 entities working for children and families.

We continue to collaborate with the Platform for Mobilisation of Alcohol and Minors with the aim of influencing the change in legislation to address in a firm manner the problem of alcohol consumption by minors.

Since 2004, we have collaborated with the Complutense University of Madrid through the Family Policy Research Group to carry out studies and research.

"Connecting generations“, the project constituted by the INTEGRA+ group thanks to the Solidarity Talent Challenge programme by the Botín Foundation.
Our accounts are audited annually and can be found on our website.
Funders

Public funders

- The Ministry of Health, Consumer Affairs and Social Welfare
- Government Delegation for the National Drugs Plan
- Community of Madrid, the Directorate General for the Family and Minors.
- Cartagena City Hall: Youth Council
- Cartagena City Hall: Department of Social Services
- City Council of Madrid

Private funders

- Botín Foundation
- Google for Nonprofits
- “La Caixa” Foundation
- Deloitte Foundation
- Enrique Esteve Balet Foundation
- Orona
- Sabadell Urquijo Private Banking
- Société Générale

Collaborating entities 2018

- Orona
- Sabadell Urquijo Private Banking
- Société Générale

Report 2018

www.accionfamiliar.org
2018 in pictures
Family Action Association
1978 - 2018

40th Anniversary Celebration

Nuestra historia a lo largo de 40 años (1978 - 2018)

1978
14 Junio de 1978
Constitución de Acción Familiar

1980
1ª Asamblea Nacional de Acción Familiar

1982
Declaración de Utilidad Pública

1983
X Congreso Internacional de la Familia con la asistencia de la Madre Teresa de Calcuta

1987
Constitución AFA EUSKADI

1989
Creación del servicio de Gabinete de Orientación Familiar

1992
Constitución AFA ARAGONESA

1995
Gestión de casas de Acogida

1997
Creación del servicio de Formación

1998
Apertura delegación en Murcia

1999
Creación del servicio de Voluntariado

2000
Constitución AFA FERROL

2001
Creación del servicio de Orientación a Inmigrantes

2002
Inicio Investigación en Políticas de Familia

2003
Obtención del Estatus Especial Consultivo del Consejo Económico y Social de la ONU (ECOSOC)

2004
Cátedra Extraordinaria de Políticas de Familia con la Universidad Complutense de Madrid

2005
Organización de la Asamblea General del Movimiento Mundial de Madres (MMM)

2006
Elaboración I Plan de Familia - Región de Murcia (2006-2008)

2013
Aula Virtual

2014
Plan Integral de Apoyo a la Familia MSSSI y Com. Madrid

2017
Estrategia de Infancia y Adolescencia (Com. Madrid)

2018
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Report 2018